### **LESSON 20: The Way to Life**



#### **AIM**

To familiarise the learners with the Ten Commandments, the moral code of the people of Israel (11.3.5)

#### OUTCOME

Learners understand that rules help to look after relationships with God and others.

#### **LEARNING ACTIVITIES**

- 1 **Classroom organisation** before the lesson starts: signpost two areas of the classroom with two destination
  - signs, for example: Johannesburg, Mthatha. Place two string "roads" on the floor leading to these two destinations. Each child is given a small piece of paper with one or the other destination written on it. The children take the previously made cardboard steering wheels, they all start "driving" from the same point at the same time. They must move on the string. Allow the children to move in chaos. Identify the problem, how do we solve it? The children suggest rules and one child becomes a traffic officer who checks that the rules are obeyed. Once again they go to their destination, but the children must obey the rules. They should be able to move with greater ease. Discuss why rules are important? We keep rules for our own safety.
- God wants us to have a happy life. In groups think of five things you like people doing to you and five things you don't like people doing to you. Share with the rest of the class. Certain actions make us feel happy or sad. God has a list of rules that he likes us to do because he knows they will make us happy. This is the list of the **Ten Commandments** (explain the word "commandments").
- 3 Show the snippet from the video **Moses**, when God gave the commandments or tell the Bible version [Deuteronomy 5: 1 –22].
- 4 Distribute 10 A4 memory **flashcards** on which the Ten Commandments have been written. You might like to use the *Ten Commandments for Children* ⇒
  - Have ten groups looking at one commandment and each group learns the one they're given. The group then presents this commandment to the class in a creative manner, for example: singing, choral verse. Put the ten flashcards on the board and read through them as a class. (Encourage the children to teach these to their family members.)
- Refer back to point number one and ask the children to put all their **road rules into one sentence**, for example be considerate. When Jesus came He put all Ten Commandments into one which he called the law of love. "Love the Lord your God with all your heart, with all your mind, and with all your strength. Love your neighbour as you love yourself." [Mark 12: 30-31] Put this on an A4 sheet of cardboard as a memory flashcard.

#### WHAT YOU NEED

- \* String, traffic signs with one or other destination (1)
- \* Cardboard steering wheels (1)
- \* Video or Bible (3)
- \* A4 cardboard flashcards (4)(5)
- Board game (you will need to supply your own counters) (7) ⇒

#### **ADDITIONAL ACTIVITIES**

- 6 Write the Ten Commandments in their books and illustrate.
- **Board game** is played in groups of 4-6, players taking turns to name the commandment whose number they are on. If the commandment is remembered the player moves one forward, if not, then one back. This could be played as a revision activity.  $\square$   $\Rightarrow$
- 8 Create **your own rules** for home, school, class.
- 9 Discussion on leadership
  - What must the leader do in the group?
  - What must the leader not do in the group?
  - What qualities would they look for in a class captain or monitor?
  - How should a leader talk to the rest of the group?
  - How do we choose a good leader?
  - Why is turn-taking important when sharing group responsibilities?
  - What can we do if the leader isn't so good?
  - Is the leader always a boss?
- 10 Cut or record clips from the **newspaper or TV news** how do these people obey or disobey the commandments.
- 11 Create mini posters to put up around the school.

#### **MATERIALS**

# THE TEN COMMANDMENTS FOR CHILDREN

- **1.** Put God first in everything you do
- **2.** God's name is a prayer. Always say it with love.
- **3.** Sunday is God's day. Spend time with him.
- **4.** Obey your parents and those who take care of you.
- 5. Treat other people kindly.
- **6.** Thank God for making your parent's love holy.
- 7. Be careful with property that belongs to others.
- 8. Tell only good and truthful things.
- **9.** Always be happy with the special people God gives you.
- 10. Always be happy with the gifts God gave you.

## The Road of Love

See if you can remember each commandment as you follow the path.

Place your counters at START.

START		Second		Fourth	
				Have a break: miss one turn	
	First		Third		Fifth
					That was kind: one free turn
					Sixth
The Law		Ninth		Seventh	
The Law of Love					
	Tenth		Eighth		•
			Truth is best: two free turns		

The board game is played in groups of 4-6, players taking turns to name the commandment whose number they are on. If the commandment is remembered the player moves one forward, if not, then one back. This could be played as a revision activity.

#### **LESSON 21: Honest to God**

#### **AIM**

To bring the learners to realise the harmfulness of dishonesty, either in telling lies or in stealing (11.2.3)

#### **OUTCOME**

Learners understand the consequences of dishonesty.



#### WHAT YOU NEED

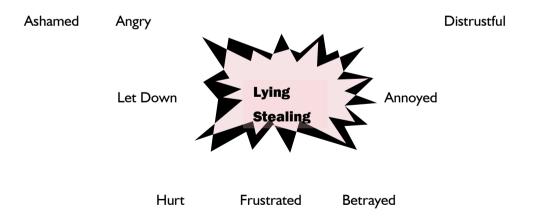
- \* Story (I) ⇒
- Pieces of paper for each child to write on, a box or tin, matches (4)
- \* Bible (6)

#### **LEARNING ACTIVITIES**

1 The Boy Who Cried Wolf: Tell the following story.

There was a boy who looked after the sheep. He stayed out on the mountains all day with the sheep. There was always the danger that a wolf would attack the sheep. One day the boy decided to play a joke on the people of the town, he ran down the mountain screaming, "Wolf, wolf, there is a wolf!" The people of the town dropped everything and ran up into the mountain. The boy was roaring with laughter. He did this three times and each time the town's people went to help him. Then the wolf really did appear! The boy ran down to the town, but the people didn't believe him!

- How did the boy feel?
- How did the town's people feel?
- 2 Ask the children to **share times** when someone lied to or stole from them.
- 3 Write how those experiences made them feel, in a **mind map** format.



Ask each learner to write down a short sentence describing an occasion when they lied or stole something. Assure them that their names will not go on the paper. When they have written, they fold the papers and put them in a box that is handed round. You, the teacher, should do the same. The papers are then burnt outside the classroom, while asking the Holy Spirit to give us the strength not to give in to temptation to be dishonest.

5 Song: We Come to Ask Forgiveness

#### **ADDITIONAL ACTIVITIES**

- The **story of Zacchaeus** (see LESSON 4) should be revised. Zacchaeus promised to be honest and return everything he had stolen. God was pleased with him [Luke 19:1-10].
- 7 Give groups **situations to role play** that call for honesty. Examples:
  - I am behind Thabo in the playground. I notice a ten rand note falling from his pocket.
  - I have not done my homework, and Jenny asks me to come and play. Mom says its all right if I have done my homework.
  - The shopkeeper gives me a twenty rand note instead of a ten rand note as change.
  - I was in a fight with Justin, and out teacher asked us to explain what happened.

### **LESSON 22: Playing by the Rules**



#### **AIM**

To propose the example of Jesus to guide learners in their daily lives. (11.3.1)

#### WHAT YOU NEED

- \* ☐ Copies of the worksheet (3) ⇒
- \* J We Are One in the Spirit (4)

#### **OUTCOME**

Learners show appreciation for the example of Jesus.

#### **LEARNING ACTIVITIES**

- To play a **game of tennis** there are some guidelines. Ask the children to think of and mention the rules that make up the game. They will mention that:
  - We spin to see who serves first.
  - One person serves at a time.
  - The ball may only bounce once on my side of the net.
  - If I hit the ball and it goes beyond the line, I lose the point.
  - At the end of a game I shake hands with my opponent.

By these guidelines we play the game of tennis. If the children are not familiar with tennis, choose any other sport that the class may be crazy about!

- Ask the children to think about the following question, and then respond to it, perhaps first in writing, and then to share their ideas. "If you met someone who didn't know **about Jesus**, but wanted to know, what guidelines would you give this person to help him/her understand what sort of person Jesus was and how he lived?" What answers might they give?
  - Jesus cared for people, especially the poor and sick.
  - Jesus did what his father wanted.
  - Jesus prayed often.
  - Jesus worked hard.
  - Jesus stood up for the truth.
  - Jesus fed people when they were hungry.
  - Jesus loved children....
- The children complete the **worksheet** in groups, but each learner gets their own copy of the worksheet to put into their RE books. □ □

#### ADDITIONAL ACTIVITIES

- **Sing**: We Are One in the Spirit (They will know we are Christians by our love).
- God has made wise laws those we call the **laws of nature**. Help the children to identify some of these:
  - There is night and day.

- There are different seasons.
- There are stars in the sky.
- The sun shines.
- The moon goes through different phases.
- Rain falls and plants grow.
- The sea has waves.
- Things fall when we drop them.
- Things get warm when we rub them.
- There is a rainbow of many colours.
- Each animal has its own way of calling.

# What Would Jesus Do?



How Jesus leads you to God's treasure for you.

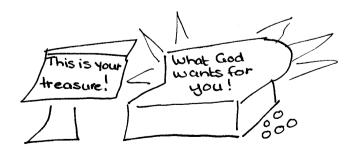
Be the best person you can be!

Follow the footsteps to the treasure waiting especially for you!

In your group, discuss each situation and then write down your own answer.

What will you find in your treasure chest?

A friend is without lunch What would Jesus do?	
Your mom is sick in bed What would Jesus do?	
A younger child wants to learn about Jesus What would Jesus do?	
You pray to God How would Jesus do that?	
Your friend starts to fight What would Jesus do?	



**My Treasure Chest**